

## Technical Guide

V02 – 11.03.2025

### 23. MTB-Weekend Eupen

10. & 11. Mai 2025

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**Kid's Challenge MTB**

**3 Nations Cup MTB – UCI 2**



## 1. CATEGORIES OF RIDERS

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### Kid's Challenge MTB 2025

- *Girls* (2011-2018)
- *Poussins U9* (2017-2018)
- *Pupilles U11* (2015-2016)
- *Benjamins U13* (2013-2014)
- *Minimes U14* (2012)
- *Minimes U15* (2011)

### 3 Nations Cup MTB 2024 – UCI 2

- *U17 Girls* (2009 - 2010)
- *Junior Women U19* (2007 - 2008)
- *Elite Women (including U23 and Amateurs)* (2006 - older)
- *U17 Boys* (2009 - 2010)
- *Junior Men U19* (2007 - 2008)
- *Elite Men (including U23)* (2006 - older)
- *Amateurs/Elite 3* (2006 - older)
- *Masters* (1991 - older)

## 2. TIMETABLE

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### Friday 09 May 2025:

**9h00 – 20h00:** Open Training on race course

Note: No specific medical service available on the area, you ride at your own risk!

Please respect the volunteers working on the track

### Saturday 10 May 2025:

**8h00:** Opening registration *Poussins (till 9h00) / Pupilles (till 9h15)*  
& Briefing for all concerned Commissars

**8h00 – 9h00:** Open training on race course

|                       |                                                                           |
|-----------------------|---------------------------------------------------------------------------|
| <b>9h20:</b>          | Start grid <i>Poussins</i>                                                |
| <b>9h30:</b>          | Start <i>Poussins</i>                                                     |
| <b>10h00:</b>         | Start grid <i>Pupilles</i>                                                |
| <b>10h15:</b>         | Start <i>Pupilles</i>                                                     |
| <b>10h45:</b>         | Podium ceremonies for <i>Poussins &amp; Pupilles</i>                      |
| <b>10h30 - 11h15:</b> | Open training on race course                                              |
| <b>9h30:</b>          | Opening registration <i>Benjamins (till 10h30) / Minimes (till 11h30)</i> |
| <b>11h15:</b>         | Start grid <i>Benjamins</i>                                               |
| <b>11h30:</b>         | Start <i>Benjamins</i>                                                    |
| <b>12h15:</b>         | Start grid <i>Minimes U14 &amp; U15</i>                                   |
| <b>12h30:</b>         | Start <i>Minimes U15</i>                                                  |
| <b>12h32:</b>         | Start <i>Minimes U14</i>                                                  |
| <b>13h30:</b>         | Podium ceremonies for <i>Benjamins, Minimes U14 &amp; Minimes U15</i>     |
| <b>14h15 – 14h45:</b> | Open training on race course                                              |
| <b>13h30:</b>         | Opening registration <i>Amateurs &amp; Masters 1/2/3 (till 14h30)</i>     |
| <b>14h45:</b>         | Start grid <i>Amateurs &amp; Master 1/2/3 (&gt;50)</i>                    |
| <b>15h00:</b>         | Start <i>Amateurs</i>                                                     |
| <b>15h02:</b>         | Start <i>Master 1 (&gt;30)</i>                                            |
| <b>15h04:</b>         | Start <i>Master 2 (&gt;40)</i>                                            |
| <b>15h06:</b>         | <b>Start</b> <i>Master 3 (&gt;50)</i>                                     |
| <b>17h00:</b>         | Podium ceremonies for <i>Master 1-2-3 &amp; Amateurs</i>                  |
| <b>17h30:</b>         | Team Managers Meeting @Race Office                                        |
| <b>18h00 – 21h00:</b> | Open Training on race course                                              |

Note: No specific medical service available on the area, you ride at your own risk!

**Sunday 11 May 2025**

|                       |                                                                    |
|-----------------------|--------------------------------------------------------------------|
| <b>8h00:</b>          | Opening registration & Briefing for all concerned Commissars       |
| <b>8h00 – 9h15:</b>   | Open training on race course                                       |
| <b>9h10:</b>          | Start grid <i>U17 Boys</i>                                         |
| <b>9h30:</b>          | Start <i>U17 Boys</i>                                              |
| <b>11h00:</b>         | Start grid <i>Junior Men U19</i>                                   |
| <b>11h15:</b>         | Start <i>Junior Men U19</i>                                        |
| <b>12h45:</b>         | Podium ceremonies for <i>U17 Boys &amp; Junior Men U19</i>         |
| <b>12h30 – 13h00:</b> | Open training on race course                                       |
| <b>13h00:</b>         | Start grid <i>Dames (U17 Girls, Junior Women U19, Elite Women)</i> |
| <b>13h15:</b>         | Start <i>Dames (U17 Girls, Junior Women U19, Elite Women)</i>      |
| <b>15h00:</b>         | Start grid <i>Elite Men</i>                                        |
| <b>15h15:</b>         | Start <i>Elite Men</i>                                             |
| <b>17h00:</b>         | Podium ceremonies for <i>Dames &amp; Elite Men</i>                 |

**3. ADRESSES**

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**Race office:** Belgischer Rundfunk (BRF), Kehrweg 11, 4700 Eupen

**Doping Control:** Belgischer Rundfunk (BRF), Kehrweg 11, 4700 Eupen

Responsible: ROSENSTEIN, Frédéric  
0032498/18 41 20  
[frederic.rosenstein@rsk-eupen.be](mailto:frederic.rosenstein@rsk-eupen.be)

**Medical service, Spectator point:**

Parlament der Deutschsprachigen Gemeinschaft,  
Platz des Parlamentes 1, 4700 Eupen

## 4. ORGANIZER

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### **Rad Sport Klub Eupen V.o.G.**

Adress: Raerenpfad 11, B-4701 Kettenis, Belgien

IBAN: BE19 7311 0639 3312

Bic: KREDBEBB

[info@rsk.eupen.be](mailto:info@rsk.eupen.be)

[www.rsk-eupen.be](http://www.rsk-eupen.be)

## 5. Camping & Team Zone

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Further Informations concerning Caravans, Showers, Team Areas, Spectators etc. are published on our Website: [https://rsk-eupen.be/mtb\\_weekend\\_eupen\\_2025](https://rsk-eupen.be/mtb_weekend_eupen_2025)

## 6. REGISTRATION AND RESULTS

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Kid's Challenge MTB:

3 Nations Cup MTB:

Follow the instructions on our Homepage and <https://www.3nationscup.eu/>

## 7. INTERNATIONAL UCI COMMISSAIRE

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**Mrs. DUSÍLKOVÁ OCHMANNOVÁ Lenka**

## 8. HOSPITAL

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**Next Hospital:** St. Nikolaus-Hospital Eupen

Hufengasse 4/8

B-4700 Eupen

Emergencynumber: **112**

## 9. PARKING

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**Address:** Frankendelle  
B-4700 Eupen

## 10. TRACK

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### Categories of **Kids Challenge MTB 2025**:

Startloop: ascending on tarmac. Length and altitude difference changes in function of the age and number of participants.

Track: Adapted track in function of the age group. Follow the different arrows



### Categories of **3 Nations Cup MTB 2024**:

Startloop: length of 500m with an altitude difference of 50m on tarmac

Track: length of 4,2 km

